



Friday is for Expressing Yourself

Today's the day to do things your way with
crafts that show the real you.



Modeling Clay

A classic baking soda clay recipe that let's your imagination go wild. Try making camp medallions (parents, you deserve it), jewelry holders, and more.

DIRECTIONS

1. Pour 2 cups ARM & HAMMER™ Baking Soda and 1 cup of corn starch into a saucepan. Stir until mixed.
2. Add 1 1/4 cups cold water and keep mixing.
3. Next, add food coloring if desired. Mix until well blended.
4. Cook over medium heat, stirring constantly until the mixture is the consistency of mashed potatoes (10-15 mins).
5. Remove mixture from heat, put on a plate, and cover with damp cloth.
6. When cool to the touch, knead until smooth.
7. Time to create! See what your kids can make. (Remember, play time = your time. Live it up with those spare 20 minutes.)
8. To store: If your kids want to reuse their clay, store it in an airtight container in your fridge for up to one week. If they want to preserve their creation, leave it out to dry overnight.
9. Optional: Repeat the recipe above with different colors to let your kids' imaginations soar.

DETAILS

Craft Time: 20 minutes

Time For You: About 20 minutes
(or enough time to clean out the pantry)

What Your Kids Get: 1 ball of clay

INGREDIENTS & SUPPLIES

- 2 cups ARM & HAMMER™ Baking Soda
- 1 cup corn starch
- 1 1/4 cups water
- Food coloring
- Measuring cups

Disclaimer: Careful with food coloring - it stains!



Emoji Cookies

Let's face it parents, these cookies are a great way for kids to express themselves. (#dadjoke)

DIRECTIONS

1. Preheat oven to 350°F degrees.
2. Combine flour, ARM & HAMMER™ Baking Soda, and baking powder in a medium bowl.
3. In a separate bowl, mix butter and sugar until creamy. You can mix by hand or dust off the hand mixer to speed up the process.
4. Add egg yolks, vanilla extract, lemon zest, and lemon juice. Mix until combined.
5. Slowly mix in the dry ingredients.
6. Dust a light coat of flour on your work surface, then divide the dough in half and knead. Wrap each half in plastic wrap and place in the refrigerator for 30 minutes or until the dough is firm.
7. Remove plastic wrap and place the dough on a piece of parchment paper the size of your baking sheet. Place another parchment sheet on top of the dough, then roll out with a rolling pin to about 1/4" thick. Repeat with other half.
8. With a 2"-3" circle cookie cutter, cut out cookies and place on parchment lined baking sheets about 1 1/2" apart.
9. Bake for 12-15 minutes or until sides of cookies turn light brown. Let cool.
10. Now it's time to decorate. Create a yellow base – you can use either icing or fondant to form a thin layer. Let dry, then use a combination of colorful icing and/or fondant to mold and draw your favorite emoji faces.

NOTE: Adult supervision recommended

SERVING SIZE & TIMING

Prep Time: 1 hour

Bake Time: 15 minutes

Time For You: 20-30 minutes (put on your favorite album and sing all the words)

What Your Kids Get: 22 emoji cookies

INGREDIENTS & SUPPLIES

- 3/4 teaspoon ARM & HAMMER™ Baking Soda

- 2 1/2 cups all-purpose flour

- 1 teaspoon baking powder

- 1 cup (2 sticks) salted butter, room temperature

- 1 1/4 cups sugar

- 4 large egg yolks

- 1 teaspoon vanilla extract

- 1 1/2 tablespoons fresh lemon juice

- Lemon zest

- Yellow, black, red, white premade icing

- 4 oz of yellow, black, red, white fondant (optional)

- Circle cookie cutter or cup

- Measuring cup



Homemade Kaleidoscope

Take advantage of that recycling pile! Let your kids turn an empty baking soda box into a homemade kaleidoscope.

DIRECTIONS

1. Start with an empty box of ARM & HAMMER™ Baking Soda. Cut the box along the seams to disassemble and lay flat.
2. Use a ruler to mark a rectangle on the box that is 4" x 3", anywhere on the box is fine. Cut out the rectangle.
3. Fold the rectangle into thirds.
4. Unfold the rectangle and wrap with foil. Try to keep the foil as smooth as possible. Then set aside.
5. Decorate the toilet paper tube as you like. The kids can use stickers or whatever markers haven't dried out.
6. Grab your rectangle and refold into a triangle. Tape the ends together and slide into the paper tube.
7. Tape the straw along the top of the tube, leaving the bendy part over the edge. Trim straw as needed.
8. Grab your cardstock and cut out a few circles that are 5" in diameter. Have the kids decorate the circles as they like.
9. Poke a hole in the middle of the circle then place it on the straw with the decorated side facing the tube.
10. Look through the tube and spin the circle. Repeat with all of your designs for different effects.
11. Or... just watch the video.

DETAILS

Craft Time: 15-20 minutes

Time For You: 2 x 10 minute breaks
(enjoy no one shouting your name for a bit)

What Your Kids Get: 1 kaleidoscope

SUPPLIES

- 1 empty box ARM & HAMMER™ Baking Soda
- 1 toilet paper tube
- White cardstock paper, standard size
- 1 flexible straw
- Aluminum foil
- 1 permanent marker or pen for measuring
- 1 pair of scissors
- 1 roll of tape
- 1 12-inch ruler
- Colored markers or crayons for decorating
- Construction paper (optional)